

Kirby's Rudiments "Train"

Moving right along with my rudimental presentations, here is another personal hit entitled "Train." Again, this is a rudiment that lends itself well for the drumset, when you substitute a foot (or two) for all the single strokes (i.e. the **L** in the 1st and 3rd exercises and the **R** in the 2nd the 4th exercises). Exercises 3 and 4 are cool because "technically" you're simply playing 3 strokes on each hand with 2 of the 3 overlapping.

Always start slow and play each exercise several times before proceeding to the next. Don't forget to perform this and all rudimental exercises at soft, medium and loud volumes.

Have fun and remember to *lock it in the pocket*.

The image displays four musical exercises, numbered 1 through 4, arranged in two rows. Each exercise is written on a single staff with a double bar line at the beginning and end, and repeat signs (two dots) at the start and end of the exercise. Exercise 1: The notation shows a sequence of eight eighth notes. The first three notes are grouped together, followed by a single note, then another group of three notes, and a final single note. Below the staff, the strokes are labeled: R R R L R R R L. Exercise 2: The notation shows a sequence of eight eighth notes. The first three notes are grouped together, followed by a single note, then another group of three notes, and a final single note. Below the staff, the strokes are labeled: L L L R L L L R. Exercise 3: The notation shows a sequence of eight eighth notes. The first three notes are grouped together, followed by a single note, then another group of three notes, and a final single note. Below the staff, the strokes are labeled: R R R L R R R L. Exercise 4: The notation shows a sequence of eight eighth notes. The first three notes are grouped together, followed by a single note, then another group of three notes, and a final single note. Below the staff, the strokes are labeled: L L L R L L L R.